

# WILBRA-HAM

Ham, Salami, Pepperoni, Sharp Provolone, Lettuce, Tomato, Mayo, Oil & Vinegar....700 cal

# COMMONWEALTH

Roast Beef, Swiss, Lettuce, Tomato, Thousand Island....500 cal

# HALL OF FAME

Turkey, Bacon, Cheddar, Lettuce, Tomato, Mayo....510 cal

# BERKSHIRE BLT

Bacon, Lettuce, Tomato, Mayo....550 cal

# C-5 GALAXY

Chicken, Pickles, Lettuce, Tomato, Buffalo Bleu Spread....420 cal

# WHICH BEAR IS BEST

Roasted Turkey, Mozzarella, Tomato, Spinach, Pesto....480 cal

# BARNESTORMER

Ham, BBQ District Pulled Pork, Pickles, Swiss, Brown Mustard....725 cal

# GOLDEN BEAR

Meatballs, Sharp Provolone, Marinara Sauce, Pesto Spread....580 cal

8" **\$7.59**

12" **\$12.59**

Sub into a Salad **\$8.09**

Pretzel Bun **\$8.99**

Panini **\$8.99**

Whole Wheat Wrap **\$7.59**

Extra Meat **\$2.49**

Extra Cheese **\$1.09**

Combo + **\$3.29**

Ham, Salami, Pepperoni, Roast Beef,  
Turkey, Bacon, Chicken , Pulled Pork

Provolone, Cheddar, Swiss, Mozzarella



# BEAR FORCE ONE

BBQ District Pulled Pork, Pickles, Coleslaw, Tangy BBQ Sauce...550 cal

# KODIAK

Albacore Tuna, Lettuce, Tomato...480 cal

# THE PROFESSOR

Grilled Chicken, Marinara, Mozzarella ...625 cal

# THE U

Grilled Chicken, Bacon, Lettuce, Tomato, Ranch....625 cal

## CHOPPED SALADS



\*Extra protein to any salad for \$2.29

\*Cup of soup \$3.29 (Chicken Noodle or Soup of the Day)

## C-SUITE - \$6.29

Crisp Romaine lettuce tossed with seasoned croutons, Parmesan, creamy Caesar...160 cal

## HAMPDEN BOWL - \$8.29

Crispy chicken, quinoa, fresh vegetables, feta, tossed with lemon honey vinaigrette...460 cal

## COBB ME MAYBE - \$8.29

Grilled chicken, bacon, egg, tomato, blue cheese, avocado on greens tossed with herb vinaigrette...370 cal

## SOUTHWEST BY SOUTHWEST - \$8.29

Grilled chicken, romaine, roasted corn, tomatoes, black beans & tortilla straws with salsa ranch...350 cal

## BEAR SWIPES

Use a meal plan  
swipe (Bear Swipe)  
on any 8" Sub and  
get a bag of chips  
and fountain drink



Spirits

Subs & Sandwiches